

# Abiding Press

## *Abiding Presence Faith Community*

*A PARISH OF THE REFORMED CATHOLIC CHURCH  
AN INCLUSIVE CATHOLIC COMMUNITY  
MAKING GOD'S LOVE KNOWN IN CENTRAL FLORIDA*

**November 2024 VOLUME 3 #12**  
**5330 Poinsetta Ave, Winter Park, FL 32792**  
**321-594-4922**  
Office [info@apfcwp.com](mailto:info@apfcwp.com)

***Sunday Mass is Celebrated at 12:30 pm***

***Sanctuary Building of the First United Church of Christ  
4605 Curry Ford Rd, Orlando, Florida 32812***

### ***Social Media***

Web Site [www.apfcwp.com](http://www.apfcwp.com)

Facebook <https://www.facebook.com/groups/1386619738179316/?ref=bookmarks>

YouTube - <https://www.youtube.com/channel/UCP9i133esG31IRPfgk-Jn4w>

### ***Clergy Serving the People of God***

**Pastor: Most Rev. William R. Cavins [pastor@apfcwp.com](mailto:pastor@apfcwp.com)**

**Palm Coast FL Ministry: Rev. Mr. Christopher M. Larsen**

### ***Volunteer Staff Serving the Parish***

**Gene L. Thompson II - Technology [TechSupport@apfcwp.onmicrosoft.com](mailto:TechSupport@apfcwp.onmicrosoft.com)**

**Dennis Last - JMB Crock Pot Ministry**

**Klaus Stodtmann - Bread Baking [kstodtmann@apfcwp.onmicrosoft.com](mailto:kstodtmann@apfcwp.onmicrosoft.com)**

## Mass Intentions & Prayer Requests

If you would like to have someone remembered during Mass or added to our Prayer Lists, please email the bishop with your request. Your donation to support our community is greatly appreciated and can be made according to your discretion. Additionally, we offer Mass Cards that you can send to recipients to let them know they are in our prayers. Thank you for your continued support and generosity.

### Upcoming Dates

November 1	Divine Worship –6:30 PM Intention: People of the Parish
November 2	Divine Worship – All Souls Day 10:00 AM Intention: All Souls
November 3	Divine Worship – 31st Sunday of the Christian Year 12:30 PM Communal Anointing of the Sick Intention: Available
November 4	At Home with the Word on Zoom 7:00 PM
November 5	Election Day - Vote
November 6	Formation Class - 7 PM Invitation Only
November 10	Divine Worship –32 <sup>nd</sup> Sunday of the Christian Year 12:30 PM Intention: All Veterans of the US Armed Forces
November 11	Veterans Day At Home with the Word on Zoom 7:00 PM
November 13	Formation Class – 7 PM Invitation Only
November 17	Divine Worship – 33 <sup>rd</sup> Sunday of the Christian Year 12:30 PM Intention: People of the Parish
November 18	At Home with the Word on Zoom 7:00 PM
November 20	Formation Class - 7 PM Invitation Only
November 24	Divine Worship – Solemnity of Christ the King Year 12:30 PM Intention: Available
November 25	At Home With the Word on Zoom at 7:00 PM
November 28	Thanksgiving Day

\*SCAP = Sunday Celebration in the Absence of a Priest

### Financial Update as of 10/28/2024

Total Income Year to Date: \$11804.18. Total Expenditures Year to Date: **\$12286.65**.  
Difference **-\$482.47**. Ledger Balance On Hand: \$1945.48. Available Balance on hand:  
\$1945.48.

## Make a Difference with Your Donation

You can now easily make donations online through our website! For the most efficient processing of your donation, we recommend using Zelle. If you choose a different payment method, please ensure that your donation is sent as if to an individual.

Thank you for your generosity and support! **Our email address for all donation platforms is: [bkpg@apfcwp.com](mailto:bkpg@apfcwp.com)**

### Poinsettia Fund

We invite you to contribute funds for flowers for the altar this Christmas. Please use the donation methods mentioned above and kindly label your contributions as "Poinsettias" or "Flowers." Thank you for your generosity!

### From the Bishop's Desk

#### Give Thanks and Remember throughout November

November is a special month for reflection, gratitude, and remembrance. Here are a few suggestions to help you make the most of this time.



#### Give Thanks

1. **Daily Gratitude:** Start a daily practice of noting things you are thankful for. This could be done in a journal, a gratitude jar, or simply shared with loved ones. Focusing on small, everyday blessings can cultivate a deeper sense of appreciation.
2. **Thanksgiving Celebration:** As Thanksgiving approaches, consider ways to make the celebration more meaningful. Share stories of what you're thankful for, volunteer to help those in need, or engage in activities that highlight gratitude, such as writing thank-you notes or making care packages.
3. **Express Appreciation:** Reach out to people who have made a difference in your life. Whether through a phone call, a letter, or a small gift, expressing your gratitude can strengthen relationships and spread positivity.

#### Remember

1. **Reflect on the Past:** Take time to reflect on the past year and consider how far you've come. Acknowledge both the challenges and the achievements, and how they have shaped you.
2. **Honoring Traditions:** November is a time to honor various traditions and historical events. For instance, Remembrance Day on November 11th is an

opportunity to pay tribute to those who served in the armed forces and reflect on the value of peace and sacrifice.

3. **Celebrate Legacy:** Think about the legacy of loved ones who have passed away. You might create a small memorial, light a candle in their honor, or engage in activities that celebrate their lives and contributions.
4. **Mindful Remembrance:** Set aside moments for mindfulness and reflection. Consider what you've learned and how you've grown, and how these experiences can guide your future decisions and actions.

By focusing on giving thanks and remembering throughout November, you can enrich your life with gratitude and reflection, creating a meaningful close to the year.

In Christ's Love

+*William*

Pastor

## **First UCC Holiday Shop**

Joni's Treasures Thrift Shop will hold a Christmas Sale on Wednesday, November 6th, and Wednesday, November 13th. The sale items will be set up in the fellowship room behind the sanctuary. Come out and support this effort.

## **Gift of Sight Campaign**

Due to Hurricane Helene and Milton, we postponed this campaign until this month. We are collecting old prescription glasses to donate to the Lions Club. They will repurpose them for people who need glasses in our community. Look for the collection box on the desk in the narthex of the church.

## **Teaching Mass**

Bishop Cavins will celebrate the Annual Teaching Mass on Sunday November 10, 2024, at 12:30 PM. This is the mass in which he explains what each part of the mass from vestments, vessels, prayers, and roles are explained.



## Come Out with Pride

We had a fabulous time celebrating with the LGBTQ+ Community at their 50<sup>th</sup> Annual **Come Out with Pride Festival** at Lake Eola. Many thanks to Deacon Christ Larsen, Dennis Last, Christ Stodtmann, and Gene Thomspson, who joined Bishop Cavins at the event. IN addition to providing an affirmation of faith to those who are LGBTQ+ by our presence and giving them information about our parish and the Reformed Catholic Church, Bishop Cavins and Deacon Larsen gave several hundred “Glitter” blessings to those participants wishing them.



## JMB Crockpot Ministry

We added a new site this past month on South Orange Blossom Trail. Here are some images from the class.



### **Crockpot Donations and Volunteer Opportunities**

We are currently low on crockpots and would greatly appreciate your support. If you can donate a crockpot or are interested in volunteering to lead a class, please reach out to Dennis Last at 321-388-1572.

#### **Upcoming Crock Pot Classes:**

- **Date:** November 19, 2024
- **Time:** 10:00 AM
- **Location:** Dedicated Senior Medical Center, 904 Lee Rd., Orlando
  
- **Date:** November 26, 2024
- **Time:** 10:00 AM
- **Location:** Dedicated Senior Medical Center, 4270 Aloma Ave Winter Park

To register for the classes, please email us at [Info@apfcwp.com](mailto:Info@apfcwp.com).

### **Are you looking to become more involved in our parish?**

We have a variety of opportunities for you to contribute and make a difference throughout the week. Here's how you can get involved:

- **Sundays:** Join us in a range of roles including readers, technical support, musicians, singers, altar servers, and Eucharistic Ministers. Your participation enriches our worship experience.
- **Mondays and Tuesdays:** Help us with our Crock Pot Classes. If you're interested in presenting, please reach out to Dennis Last for more information.
- **Tuesdays:** Volunteer at Rebecca's Pantry in the morning. Your assistance can make a significant impact on those in need.

- **Wednesdays:** Contribute to our Thrift Shop. We need enthusiastic helpers to support this valuable outreach.
- **Ongoing:** We are also establishing a new ministry for Special Ministers to the Sick. This role is a wonderful opportunity to provide comfort and support to those who are ill.

So much to choose from! Reflect on how you might be called to serve and make a difference. What is God inviting you to do?

If you are interested in any of these opportunities or have questions, please contact [appropriate contact person/office] for more details. We look forward to your involvement and contributions to our parish community!

## Liturgy of the Word

The Liturgy of the Word holds a central place in the Catholic Mass, embodying a profound interaction between the faithful and the divine through the sacred Scriptures. It serves not merely as a component of the Mass but as a vital encounter with God's revelation and a formative moment for the congregation. Here's why it is so important.

**Encounter with Divine Revelation:** At the heart of the Liturgy of the Word is the reading of Sacred Scripture, which Catholics believe to be divinely inspired. These readings are not just historical documents but are living words that communicate God's will and wisdom. Through the readings from the Old Testament, the Psalms, the New Testament, and the Gospel, the faithful are invited to enter into the narrative of salvation history. This encounter is a direct engagement with the divine, offering spiritual nourishment and insight into God's plan for humanity.

**Formation and Instruction:** The Liturgy of the Word is a time for spiritual formation and catechesis. The homily, given by the priest or deacon, serves to unpack the meaning of the Scriptures in the context of the contemporary world. This instruction helps the faithful to understand the teachings of the Church, apply biblical principles to daily life, and deepen their relationship with God. It transforms the ancient texts into relevant guidance for living out one's faith in the modern world.

**Community and Worship:** The communal aspect of the Liturgy of the Word fosters a sense of unity among the faithful. By listening to the same Scriptures and reflecting on the same homily, the congregation is drawn together in a shared experience of worship and learning. This collective engagement strengthens the bonds within the community and reinforces the shared mission of living out the Gospel values.

**Preparation for the Eucharist:** The Liturgy of the Word serves as a preparatory step for the Liturgy of the Eucharist. It aligns the hearts and minds of the congregation, preparing them to fully participate in the sacrament of the Eucharist. The readings and homily help to set the spiritual tone for the celebration of the Mass, aligning the faithful's understanding and expectations with the profound mystery of Christ's presence in the Eucharist.

**Expression of Faith:** The response to the Scriptures—through prayers, hymns, and acclamations—serves as an expression of the faith of the community. The "Word of the Lord" and "Thanks be to God" responses are not mere formalities but affirmations of belief and reverence. They signify the acceptance and internalization of the divine message and express gratitude for God's guidance and revelation.

**Personal Transformation:** Finally, the Liturgy of the Word has a transformative effect on individuals. By immersing oneself in the Scriptures and reflecting on their meaning, the faithful are invited to a personal encounter with God that can lead to spiritual growth and transformation. It provides an opportunity for self-examination, repentance, and renewal, fostering a deeper conversion of heart.

The Liturgy of the Word is a crucial element of the Catholic Mass that serves as a bridge between the faithful and the divine. It offers a profound engagement with Sacred Scripture, facilitates spiritual formation, fosters community, prepares the faithful for the Eucharist, expresses collective faith, and promotes personal transformation. Its importance cannot be overstated, as it is through the Liturgy of the Word that the living voice of God continues to speak to His people.

## Prayer for Vocations

*Gracious God, we give thanks for your call to both women and men to serve in Christ's Kingdom as priests, deacons, and consecrated persons. We ask that you send your Holy Spirit to inspire and guide others to respond with generosity and courage to your call. May our community of faith nurture and support vocations rooted in sacrificial love, especially among our youth and young adults. Through our Savior Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.*



## **The Whispering Friar**

*Paul Meyers*

Saint Francis of Assisi (1182-1226) next paragraph Francis grew up a rich kid, lots of friends, parties. Then, most lads wanted to be at night. Francis soon had his chance, in a local city war. He was captured, in prison for a year, until ransomed by his dad. The prison changed him greatly after much introspection started a new path.

Francis started pilfering money and clothes from his wealthy father, and giving everything to folks with nothing. His dad was enraged and demanded monies be returned. Francis, stripped off his clothes in the town square, returning clothes and money saving quote I will now only call quote our father End Quote as he renounced everything Francis carved in rags repaired chapels, and lived on scrap- handouts. Many folks thought him crazy.

## **Family Faith Activities**

Courtesy of LTP's At Home with the Word 2024.

**November 3, 2024**

**Thirty-First Sunday of the Christian Year**

### **Questions**

1. This commandment, so central to Judaism and Christianity, sounds very basic and obvious. Of course we love God! But when read slowly and meditatively, asking ourselves how we are doing these things, it is not so obvious. What is this love? What does it feel like? How do we know we're using our whole heart, soul, and strength? When Jesus restates the commandment in today's Gospel he adds "all your mind." How are we doing with this?
2. Instead of making offerings of food and sacrificing animals on the altar, Jesus, our high priest, has offered himself, and we are called to do the same. How are we doing this?
3. In today's Gospel, Jesus adds a second commandment to the first. How are we doing with that? What if we don't feel the emotion but we still carry out acts of love toward our neighbor? Is that still loving our neighbor? Are our acts of love toward our neighbors comparable to our acts of self-love?

### **Activities**

1. With your child, write or print in your best handwriting on nice paper the commandments Jesus gives in today's Gospel. Let the making of the letters be a time

for meditating on or talking quietly about the meaning of the words. Display the finished piece where all the family can see it.

2. Invite your child to watch carefully today all the things the priest does during Mass and how he does them — his slow, deliberate movements, his careful proclamation of the prayers, his gestures, and body postures. Talk about the special time of the Eucharistic Prayer when the priest stands at the altar praying the prayer of thanksgiving on our behalf. He is acting as Christ Jesus, praying to the Father, and we join our hearts to his in that prayer. After Mass, talk about the role of priests and all the reasons we need them. You might also explain, as you pass the baptismal font in your church and bless yourselves with its water, that all who are baptized share in the priesthood of the baptized. Our baptism empowers us to do some priestly things—such as interceding for the world in our prayers and participating reverently in the liturgy. Men who receive the sacrament of holy orders enter the ministerial priesthood and do the special things we see our priests doing.
3. This Sunday, pay special attention to the melody of the refrain of the responsorial psalm you sing in your parish. Bring home that refrain, “I love you, Lord, my strength,” and sing it with your child at various times each day during the week.

## **November 10, 2024**

### **Thirty-Second Sunday of the Christian Year**

#### **Activities**

1. Read some Old Testament passages about giving to God: Leviticus 27:30, Numbers 18:26, Deuteronomy 14:22, and 2 Chronicles 31:5. Discuss the blessing of gainful employment or the profound challenge of unemployment. Talk about the joy of being able to give to others. Determine whether your family budget accurately reflects your family values. Are you supporting establishments that treat employees justly, care for the environment responsibly, and so forth? Does your charitable giving express your gratitude to God? Are you giving too little, too much, or an amount that is well balanced with your other priorities? How do you budget your time and talent?
2. Pantomime the Gospel story. Dress up as the different characters, wearing masks made from paper plates. Proudly parade about exaggeratedly, and mime pouring huge sums of play money, pennies, or imaginary coins in the treasury. Explain that Jesus values generosity, not grandiosity.
3. Help your child create and decorate an alms box. Provide a shoebox, oatmeal box, or other container; provide construction paper, tape, and other crafty materials. Decide upon a recipient of your donations and begin saving by cutting back or simplifying. If your child does not have money of his or her own, think of some extra household chores that he or she can perform to earn money to place in the alms box. Be creative, make it fun, and see how quickly you can fill the container.

## Questions

1. Today's readings remind us that, while it may be easier to give the Lord our leftovers, it takes great trust and courage to give to God before we give to ourselves. Does a family's budget usually reflect the family's values?
2. With all the responsibilities involved in stewardship of a family, how do you determine how much to give to the Church and other charitable organizations?
3. Do you regularly budget for charitable giving with an eye toward justice and compassion, or does your giving depend upon spontaneous emotions and bursts of generosity?

## November 17, 2024

### Thirty-Third Sunday of the Christian Year

## Activities

1. Invite your child to listen closely to the Gloria at Mass. This ancient hymn honors the Father as heavenly king, Jesus who sits at his right hand, and the Holy Spirit. As we sing, we are reminded of our relationship with Christ who will come again in power and glory, as he tells us in today's Gospel. Help your child learn the Gloria this week so that he or she may join more fully in next week's celebration of the Solemnity of Our Lord Jesus Christ, King of the Universe.
2. The prophet Daniel tells us that those who work for justice will shine like the stars forever. Learn about some of our Catholic defenders of justice. Dorothy Day, Sts. Maximilian Kolbe, Elizabeth Ann Seton, Vincent de Paul, and Martin de Porres are a few examples. Ask your parish director of religious education if the parish has children's books or videos that you can borrow. Discuss how these people lived in anticipation of the coming of Christ.
3. Most parishes have outreach programs that collaborate with local Christian organizations that work for justice in the community. Find out how you can become involved. Even young children can help organize and shelve donations at food pantries. If a branch of the Interfaith Hospitality Network is in your community, hosting churches often appreciate when older children come in to play games for an hour with the children of hosted families.

## Questions

1. Today's readings speak of the end-times, when God's justice will triumph over empty earthly power. Where do you see glimpses of God's kingdom even now in the triumphs of justice?
2. Jesus tells us that only the Father knows when the Son of Man will return. If it happened today, is there anything you would wish you had done that you have not?

3. What are you doing today to prepare for the reign of Christ? Like the psalmist, is your heart glad, your soul rejoicing, and your body confident in God's mercy and grace?

**November 24, 2024**

## **Solemnity of Our Lord Jesus Christ, King of the Universe**

### **Questions**

1. We have many images for Christ: shepherd, light, true vine, and today—king. Which traditional image is most useful to you in relating to Jesus? Are there other images that describe the Jesus you know and worship?
2. Jesus our king doesn't rule with an iron fist, but with a tender heart. How does following such a king affect the way you look at things?
3. What does it mean to testify to the truth? What is the truth about your faith? What is the truth about your commitment to justice? What is the truth about your love for all people? How does God see you in truth?

### **Activities**

1. Invite your child to notice the color of the vestments worn by the priest and deacon today. The White color worn by some priests signifies the celebration of great solemnity. Other priests may wear red vestments which speaks to Christ's great love of all God's people and his passion and death. Ask your child to listen for the word king in today's readings, prayers, hymns, and homily. Explain that this is the last Sunday of the liturgical year, and we celebrate in anticipation, of the triumphant return of Christ our King at the end of time.
2. If you've ever seen the movie *The Wizard of Oz*, recall the celebration that accompanies the song "Ding, Dong, the Witch Is Dead." This joyful singing and dancing is nothing compared with t! Alleluia! Celebrate at home today with fun and games, music and dancing, cake and ice cream, or whatever will make the occasion memorable for your child. Serve chicken à la king. Make paper crowns to wear, hang crowns in your windows, stretch gold streamers across your kitchen, and proclaim the day of the Lord!
3. Take your celebration of Christ the King out into the world. Make crown-shaped cookies for a homeless shelter, soup kitchen, or neighbor. Make crown-shaped cards for shut-ins. Offer to make a crown-shaped pizza or cake for your parish youth group's next event. The exuberance that Christians should feel every day, for Christ has conquered sin and death

## Notable November Saints

In November, the Reformed Catholic Church commemorates a number of saints who have made significant contributions to the faith. Here is a list of notable saints whose feast days fall in November:

- **November 3: St. Martin de Porres** (1579–1639) – A Dominican lay brother known for his charity and care for the poor in Lima, Peru.
- **November 4: St. Charles Borromeo** (1538–1584) – A cardinal and archbishop of Milan, known for his role in the Council of Trent and reforms in the Church.
- **November 5: St. Elizabeth of the Trinity** (1880–1906) – A French Carmelite nun known for her deep spirituality and writings.
- **November 6: St. Leonard of Noblac** (c. 496–559) – A Frankish noble who became a hermit and is known for his work with the poor and imprisoned.
- **November 7: St. Willibrord** (658–739) – An English missionary and archbishop of Utrecht who evangelized the Netherlands and parts of Belgium and Germany.
- **November 8: St. Godfrey of Amiens** (c. 1065–1115) – A bishop known for his contributions to the Church and reform efforts.
- **November 10: St. Leo the Great** (c. 400–461) – A pope and doctor of the Church known for his theological writings and leadership in defending the faith.
- **November 11: St. Martin of Tours** (c. 316–397) – A bishop and one of the most famous saints of the early Church, known for his humility and miracles.
- **November 12: St. Josaphat** (1580–1623) – A Ukrainian bishop and martyr who worked for the union of the Eastern and Western Churches and was killed for his efforts.
- **November 13: St. Frances Xavier Cabrini** (1850–1917) – An Italian-American nun and the first American citizen to be canonized, known for her work with immigrants.
- **November 14: St. Lawrence O'Toole** (c. 1128–1180) – An Irish archbishop known for his efforts to improve the Church in Ireland and promote peace.
- **November 15: St. Albert the Great** (c. 1200–1280) – A Dominican friar and bishop known for his extensive knowledge and contributions to theology and science.
- **November 16: St. Margaret of Scotland** (c. 1045–1093) – A Scottish queen known for her piety and efforts to reform the Scottish Church.
- **November 17: St. Elizabeth of Hungary** (1207–1231) – A Hungarian princess known for her charity and care for the poor.
- **November 18: St. Rose Philippine Duchesne** (1769–1852) – A French missionary who founded the Society of the Sacred Heart in the United States.
- **November 19: St. Raphael the Archangel** – One of the three archangels mentioned in the Bible, known for his role in the Book of Tobit.
- **November 20: St. Edmund** (c. 841–870) – King of East Anglia and martyr who was killed by Viking invaders.
- **November 22: St. Cecilia** (c. 200–c. 230) – The patron saint of musicians and one of the earliest martyrs of the Church.



- **November 23: St. Clement I** (d. 99) – The fourth pope and an early Church father known for his letters to the Corinthians.
- **November 24: St. Andrew Dung-Lac** (1795–1839) and Companions – A group of Vietnamese martyrs who were killed for their faith during the 19th century.
- **November 25: St. Catherine of Alexandria** (c. 287–305) – An early Christian martyr and scholar known for her defense of Christianity before the Roman authorities.
- **November 26: St. John Berchmans** (1599–1621) – A Jesuit student known for his piety and commitment to the religious life.
- **November 27: St. Maximus of Turin** (c. 380–c. 466) – An early Christian bishop known for his sermons and teachings.
- **November 28: St. James of the Marches** (1391–1476) – A Franciscan preacher known for his work in spreading the Gospel and promoting peace.
- **November 29: St. Saturninus** (d. c. 303) – An early Christian martyr and bishop of Toulouse.
- **November 30: St. Andrew** (c. 6–c. 60) – The brother of Peter and one of the first apostles called by Jesus, often recognized as the patron saint of Scotland.

Which saint is your favorite? Which saint will you dress up as for Halloween. Share your thoughts on our Facebook page!

## November Recipes

### Autumn Overnight Oats

#### Ingredients:

- 1/2 Gluten Free Whole Oats
- 2 TBS Chia Seeds
- 1 Scoop Vega Protein & Greens Powder (Vanilla Flavor)
- 1 tsp vanilla extract
- 1/8 tsp Ground Cinnamon
- Dash of Nutmeg
- Zest from 1 medium Orange
- 1/2 TBS Pure Maple Syrup
- 8 oz of Coconut Milk
- 

#### Directions:

1. Combine the ingredients in a wide mouth mason jar.
2. Shake to mix well. Seal and store overnight in the refrigerator.

3. Top in the morning with sliced almonds (toasted if you wish), fresh pomegranate seeds, and coconut shreds.

### ***Cast-Iron Apple Cinnamon Crumble***

#### **Ingredients:**

- 3/4 cup plus 2 tablespoons Winn-Dixie all-purpose flour, divided
- 3/4 cup Winn-Dixie old-fashioned oats
- 1/2 cup Winn-Dixie granulated sugar
- 1/2 teaspoon Winn-Dixie fine sea salt, divided
- 1/2 cup (1 stick) chilled Winn-Dixie unsalted butter, cut into pieces
- 2/3 cup packed Winn-Dixie light brown sugar
- 1 teaspoon Winn-Dixie ground cinnamon
- 3 Gala or Braeburn apples, cored and cut into 1/2-inch wedges
- 3 Granny Smith apples, cored and cut into 1/2-inch wedges
- 2 Golden Delicious apples, cored and cut into 1/2-inch wedges
- Prestige vanilla ice cream, for serving (optional)

#### **Directions:**

1. Position a rack in the center of the oven. Preheat the oven to 350°F.
2. In a chilled medium bowl, mix 3/4 cup of the flour, oats, granulated sugar, and 1/4 teaspoon of salt to blend. Using your fingers, rub the butter into the flour mixture until moist clumps form. Freeze the topping for about 10 minutes, or until firm..
3. Meanwhile, in a large bowl, whisk the brown sugar, remaining 2 tablespoons of the flour, cinnamon, and remaining 1/4 teaspoon of salt together. Add the apple wedges and toss to coat. Transfer the apple filling to a 10-inch cast-iron skillet, mounding it above the skillet rim. If you don't have a cast-iron skillet, you can use a 10-inch-diameter sauté pan or deep-dish pie dish. Sprinkle the crumble topping evenly over the apple filling. The filling and crumble topping will be domed in the skillet, but will cook down throughout baking.
4. Place the skillet on a baking sheet lined with aluminum foil to catch any juices that will bubble over. Bake for about 1 hour and 15 minutes, or until the topping is golden brown and the filling is bubbling. Let the crumble cool for about 10 minutes. Spoon the crumble into bowls and serve warm with the ice cream, if desired.

## Crock Pot Turkey Breast

### Ingredients:

- Bone-in turkey breast
- Dried minced garlic
- Seasoned salt
- Paprika
- Italian seasoning
- Pepper
- Olive oil
- Water

### Directions:

1. If your turkey breast came from the store skin-on, don't worry: You can remove the skin from the breast by gently pulling it up and back. Discard.
2. In a small bowl, stir together the garlic, seasoned salt, paprika, Italian seasoning and pepper until evenly combined. Brush the turkey breast all over with the oil, then rub it evenly with the seasoning mixture.
3. Transfer the seasoned turkey breast to a slow cooker and add the water. Cover and cook on low until the turkey is nice and tender, 5 to 6 hours.
4. Before taking the turkey breast out of the slow cooker, check its temperature with a meat thermometer to test its doneness. The thickest part of the turkey should be at least 165°F for food safety.
5. Once it's up to temp, pull the turkey breast from the slow cooker, and let it rest for about 10 minutes. This allows the juices (and flavor!) to lock into the meat before cutting. After that quick rest, slice the turkey. Serve it alongside your other fresh-from-the-oven sides!