

# Abiding Press

## *Abiding Presence Faith Community*

*A PARISH OF THE REFORMED CATHOLIC CHURCH  
AN INCLUSIVE CATHOLIC COMMUNITY  
MAKING GOD'S LOVE KNOWN IN CENTRAL FLORIDA*

SEPTEMBER 2024 VOLUME 3 #10  
5330 Poinsetta Ave, Winter Park, FL 32792  
321-594-4922  
Office [info@apfcwp.com](mailto:info@apfcwp.com)

*Sunday Mass is Celebrated at 12:30 pm  
The Sanctuary Building of the First United Church of Christ  
4605 Curry Ford Rd., Orlando, Florida 32812*

### *Social Media*

Web Site [www.apfcwp.com](http://www.apfcwp.com)

Facebook <https://www.facebook.com/groups/1386619738179316/?ref=bookmarks>

YouTube - <https://www.youtube.com/channel/UCP9i133esG31IRPfgk-Jn4w>

### *Clergy Serving the People of God*

Pastor: Most Rev. William R. Cavins [pastor@apfcwp.com](mailto:pastor@apfcwp.com)  
Palm Coast FL Ministry: Rev. Mr. Christopher M. Larsen

### *Volunteer Staff Serving the Parish*

Gene L. Thompson II – Technology [TechSupport@apfcwp.onmicrosoft.com](mailto:TechSupport@apfcwp.onmicrosoft.com)  
Dennis Last – JMB Crock Pot Ministry  
Klaus Stodtmann – Bread Baking [kstodtmann@apfcwp.onmicrosoft.com](mailto:kstodtmann@apfcwp.onmicrosoft.com)

## Mass Intentions & Prayer Requests

If you would like to have someone remembered during Mass or added to our Prayer Lists, please email the bishop with your request. Your donation to support our community is greatly appreciated and can be made according to your discretion. Additionally, we offer Mass Cards that you can send to recipients to let them know they are in our prayers. Thank you for your continued support and generosity.

### Upcoming Dates

- September 1      Divine Worship – 22<sup>nd</sup> Sunday of the Christian Year 12:30 PM  
                         Communal Celebration Anointing of the Sick within Mass  
                         Intention: All those who have labored.
- September 2      At Home with the Word on Zoom 7:00 PM
- September 4      Formation Class
- September 8      Divine Worship – 23<sup>rd</sup> Sunday of the Christian Year 12:30 PM  
                         Intention: Victims of September 11
- September 9      At Home with the Word on Zoom 7:00 PM
- September 10     Crock Pot Class –10 AM  
                         Dedicated Senior Medical 690 S. Goldenrod Rd., Orlando
- September 11     Office of the Dead for the Victims of 9/11 6;30 PM  
                         Formation Class
- September 14     Divine Worship – Solemnity of the Triumph of the Cross 6:30 PM  
                         Intention: People of the Parish  
                         Bishop’s Residence
- September 16     At Home with the Word on Zoom 7:00 PM
- September 18     Formation Class
- September 15     Divine Worship – 24<sup>th</sup> Sunday of the Christian Year 12:30 PM  
                         Intention: RIP Timothy Morgan
- September 21     Pinwheels for Peace 11:30 to 12:30 PM  
                         Outside of the Church
- September 22     Divine Worship – 25<sup>th</sup> Sunday of the Christian Year 12:30 PM  
                         Intention: RIP Fr. Robert Johnene
- September 23     At Home With the Word on Zoom at 7:00 PM
- September 24     Crock Pot Class –10 AM  
                         Dedicated Senior Medical 4270 Aloma Ave Winter Park
- September 25     Formation Class
- September 29     Divine Worship – 26<sup>th</sup> Sunday of the Christian Year 12:30 PM  
                         Intention: RIP Dr. Nathan D. Mitchell

\*SCAP = Sunday Celebration in the Absence of a Priest

## Financial Update as of 8/29/2024

Total Income Year to Date: \$10443.57. Total Expenditures Year to Date: **\$11196.16**. Difference **-\$752.59**. Ledger Balance On Hand: \$1675.36. Available Balance on hand: \$1675.36.

### Make a Difference with Your Donation

You can now easily make donations online through our website! For the most efficient processing of your donation, we recommend using Zelle. If you choose a different payment method, please ensure that your donation is sent as if to an individual.

Thank you for your generosity and support! **Our email address for all donation platforms is: [bkpg@apfcwp.com](mailto:bkpg@apfcwp.com)**

### Banking Question

In answer to a question concerning what happens to checks written to the church. If the check is a mobile deposit, it is shredded after the bank notifies us that it has cleared. The only info we retain is the check number, who it was from, the date deposited and date cleared..

### From the Bishop's Desk

As September unfolds, we find ourselves in the thick of the 58th presidential election campaign. The run-up to the conventions has already showcased a variety of dramatic spectacles, and as the party nominees face off, the rhetoric and emotions will only intensify.

In a recent Board of Directors meeting for the Reformed Catholic Church, the Presiding Bishop reminded us that while we as Ministers of the Gospel must not endorse any candidate from the pulpit, we are encouraged to discuss the issues impacting our congregations. The challenge lies in addressing these crucial matters while upholding the Church's core message.



John Wesley, the founder of the Methodist Church, offered timeless advice to his congregation in October 1774, which remains relevant today:

1. **Vote for the person you judge most worthy, without seeking personal gain.**
2. **Refrain from speaking ill of the candidate you opposed.**
3. **Guard against harboring ill will towards those who voted differently.**

Imagine the impact if we adhered to Wesley's guidance!

As Christians, we must remember that central to Christ's example is self-sacrifice. It's easy to develop tunnel vision and focus solely on what benefits us personally. However, what if we considered the well-being of our neighbors, our children, and our grandchildren? What if we thought about those for whom the system fails or even endangers?

Wesley's second and third points emphasize recognizing the humanity of those on the "other side." This issue extends beyond U.S. elections; it surfaces whenever politics are involved. Often, we forget that candidates, whether for the presidency or local offices, are human beings just like us.

Candidates may sometimes be portrayed as larger-than-life figures in their campaigns, but we must remember they are not superhuman. Even campaign narratives, though crafted to highlight virtues, reveal glimpses of their humanity (despite any embellishments). The same principle applies to how we view those who vote differently. It's tempting to question how others can hold different views and to dismiss their perspectives as flawed. We risk dehumanizing those with opposing views, reducing them to caricatures rather than recognizing their complex identities.

Wesley's advice underscores the need to maintain empathy, compassion, and connection with one another. We should look out for each other, avoid speaking ill of one another, and strive to respect the humanity of those with whom we disagree.

Consider the exchange between Jesus and his disciples in Mark 13. The disciples marvel at the grandeur of the Temple—a symbol of religious and political significance. Jesus' response, however, brings them back to reality: "Do you see these enormous buildings? Not one stone will be left upon another; all will be demolished."

Jesus understood the importance of symbols but cautioned against allowing them to overshadow our vision of reality. He warned, "Watch out that no one deceives you. Many will come in my name, saying, 'I am he,' and will deceive many."

There are many false messiahs who might elevate nations, governments, or political figures to a divine status. But Jesus reminds us that there is only one true Hope and Savior. While God can work through people, organizations, and nations, they are not gods themselves.

As we move through the next ten weeks of election season, how will you engage as an individual and as a Christian? What will be your approach when discussing these critical issues?

In Christ's Love

+*William*

Pastor

## **Pinwheels for Peace: A Symbol of Unity and Hope**

Pinwheels for Peace is a global initiative that combines creativity and activism to promote peace, unity, and understanding. This grassroots project invites individuals, especially students, to design and display pinwheels—simple, colorful wind toys—as symbols of their hopes for peace in the world.

The Pinwheels for Peace movement began in 2005, founded by artists and educators in Florida, who sought a tangible way for people to express their desire for peace. Inspired by the power of visual art to convey powerful messages, the project encourages participants to decorate pinwheels with artwork and messages that reflect their thoughts on peace.

The core mission of Pinwheels for Peace is to foster dialogue about peace, promote artistic expression, and raise awareness about global issues. The pinwheel, with its simple mechanism and vibrant colors, becomes a powerful emblem of the collective desire for a more harmonious world.

Participants, particularly in educational settings, are provided with pinwheel templates and art supplies. They are encouraged to create designs that represent their personal visions of peace and their hopes for a better future. Once completed, the pinwheels are displayed in public spaces, such as schools, community centers, or parks, often in conjunction with International Peace Day, which is celebrated on September 21st. The act of displaying these pinwheels in public areas transforms individual expressions of peace into a communal statement. The rotating pinwheels serve as a reminder of the movement's core values: that peace is both a personal and collective endeavor.

Pinwheels for Peace has grown into an international phenomenon, with thousands of pinwheels created and displayed around the world. The project not only engages communities in meaningful conversations about peace but also empowers participants, particularly young people, to become active contributors to the global dialogue on peace and reconciliation.

The project has been embraced by schools, organizations, and individuals who appreciate its blend of art and activism. It offers a creative platform for people of all ages to reflect on the significance of peace and to express their personal and collective aspirations for a better world.

Pinwheels for Peace stands as a testament to the power of art and community involvement in advancing the cause of peace. By turning simple pinwheels into symbols of hope and unity, the initiative invites everyone to participate in a global movement toward a more peaceful and understanding world.

We will conduct our own Project on Saturday, September 21, 2024, from 11:30 to 12:30. We will pray St Francis' Peace Prayer at Noon. Stop by, make your pinwheel and show your commitment to peace.

## **School Supplies**

We wish to thank the members of APFC who donated items for our school supply drive. The office staff of Dover Shores Elementary, who received them, were very thankful for them.

## **JMB Crockpot Ministry**

### **Crockpot Donations and Volunteer Opportunities**

We are currently low on crockpots and would greatly appreciate your support. If you can donate a crockpot or are interested in volunteering to lead a class, please reach out to Dennis Last at 321-388-1572.

### **Upcoming Crock Pot Classes:**

- **Date:** September 10, 2024
- **Time:** 10:00 AM
- **Location:** Dedicated Senior Medical Center, 690 S Goldenrod Rf., Orlando
  
- **Date:** September 24, 2024
- **Time:** 10:00 AM
- **Location:** Dedicated Senior Medical Center, 4270 Aloma Ave, Winter Park

To register for the classes, please email us at [Info@apfcwp.com](mailto:Info@apfcwp.com).

## Are you looking to become more involved in our parish?

We have a variety of opportunities for you to contribute and make a difference throughout the week. Here's how you can get involved:

- **Sundays:** Join us in a range of roles including readers, technical support, musicians, singers, altar servers, and Eucharistic Ministers. Your participation enriches our worship experience.
- **Mondays and Tuesdays:** Help us with our Crock Pot Classes. If you're interested in presenting, please reach out to Dennis Last for more information.
- **Tuesdays:** Volunteer at Rebecca's Pantry in the morning. Your assistance can make a significant impact on those in need.
- **Wednesdays:** Contribute to our Thrift Shop. We need enthusiastic helpers to support this valuable outreach.
- **Ongoing:** We are also establishing a new ministry for Special Ministers to the Sick. This role is a wonderful opportunity to provide comfort and support to those who are ill.

So much to choose from! Reflect on how you might be called to serve and make a difference. What is God inviting you to do?

If you are interested in any of these opportunities or have questions, please contact [appropriate contact person/office] for more details. We look forward to your involvement and contributions to our parish community!

## The Need for Inclusive Language in the Eucharistic Prayer

The Eucharistic Prayer stands as one of the central elements of Christian worship, embodying the profound mystery of Christ's sacrifice and the community's unity in faith. As we reflect on this sacred moment, there is a growing recognition of the need for inclusive language in the Eucharistic Prayer—a development that aligns with the Church's commitment to reflecting the diversity of the Body of Christ and fostering a more inclusive worship experience.

Historically, Christian liturgy has been shaped by its cultural and theological context, often reflecting the norms and values of the time. Traditional Eucharistic Prayers have used language that, while deeply rooted in theological tradition, may not fully resonate with or reflect the diverse experiences of today's worshippers. Phrases that might have been standard in past centuries can sometimes exclude or alienate members of the congregation, particularly those from marginalized or underrepresented groups.

Inclusivity in the Eucharistic Prayer is not merely a matter of linguistic precision; it is a theological imperative. The Eucharist is meant to be a celebration of the inclusive love of Christ, which transcends all boundaries of race, gender, socioeconomic status, and personal history. By employing inclusive language, the Church affirms that all are welcome at the table of the Lord and recognizes the dignity and worth of every person.

Inclusive language in the Eucharistic Prayer helps to dismantle barriers that might otherwise alienate individuals. For example, referring to God in gender-neutral terms or acknowledging the diverse experiences of humanity can create a more welcoming environment for those who might feel excluded by traditional language. This approach honors the principle that God's love and grace are universally accessible and not confined to a particular gender or cultural perspective.

Implementing inclusive language in the Eucharistic Prayer involves careful consideration and sensitivity. It is essential to balance respect for tradition with the need for language that resonates with contemporary congregations. This process can include the following:

1. **Gender Inclusivity:** Utilizing gender-neutral terms for God, such as "Creator" or "Sustainer," and avoiding male-specific pronouns can reflect the theological understanding that God transcends human categories of gender. This change acknowledges the breadth of God's nature and avoids reinforcing outdated gender norms.
2. **Cultural Sensitivity:** Incorporating language that reflects the diverse cultural backgrounds of the congregation helps to ensure that the Eucharistic Prayer speaks to all members. This might involve including terms or expressions that resonate with different cultural experiences and recognizing the global nature of the Church.
3. **Engagement with the Congregation:** Involving the congregation in discussions about inclusive language can foster a sense of ownership and community. Listening to feedback and engaging in dialogue about how language impacts worship can lead to a more thoughtful and effective implementation.

The adoption of inclusive language in the Eucharistic Prayer can have a profound impact on worship and community life. It can enhance the sense of belonging and participation among congregants, particularly those who may have felt marginalized or excluded. By reflecting the diverse nature of the Body of Christ, inclusive language helps to build a more vibrant and cohesive faith community.

The need for inclusive language in the Eucharistic Prayer reflects a broader commitment to recognizing and honoring the diversity of the Christian community. It aligns with the Church's mission to embody the inclusive love of Christ and to create a worship environment where all are welcomed and valued. As we continue to explore and implement inclusive language, we contribute to a more meaningful and unifying



expression of faith, ensuring that the Eucharistic Prayer remains a source of grace and connection for all believers.

## Prayer for Vocations

*Gracious God, we give thanks for your call to both women and men to serve in Christ's Kingdom as priests, deacons, and consecrated persons. We ask that you send your Holy Spirit to inspire and guide others to respond with generosity and courage to your call. May our community of faith nurture and support vocations rooted in sacrificial love, especially among our youth and young adults. Through our Savior Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.*

## Family Faith Activities

Courtesy of LTP's At Home with the Word 2024.

### September 1, 2024, Twenty-Second Sunday of the Christian Year

#### Questions

**1. Criticism and Self-Reflection:**

It's easy to find fault with others, especially amid the everyday pressures of family life. How often do you find yourself being critical of family members? How challenging is it for you to reflect honestly on your own behavior?

**2. Faith and Family Practices:**

In what ways do shared practices, such as celebrating the Eucharist together, participating in volunteer activities, and engaging in faith-sharing, help us develop patience, tolerance, and justice within our family and community?

**3. Prayer, Belief, and Behavior:**

How does your prayer life influence your beliefs? In turn, how do your beliefs shape your behavior? How does your behavior, in turn, affect your approach to prayer?

#### Activities

- 1. Connecting Gifts and Good Deeds:** Help your child understand that, just as we bring gifts to the altar during Mass, we also offer our good deeds and love to God. If our prayers lack these offerings, they are incomplete. Discuss with your child two or three specific actions they have done recently that reflect their love for God. Encourage them to think of these as their spiritual gifts. Over the next few weeks, continue to reflect on this idea to help your child grasp the significance of linking prayer, belief, and actions.

2. **Creating a Spiritual Reminder Bag:** Purchase a small, durable gift bag or assist your child in decorating a small canvas bag. Place this bag on your prayer table or another designated spot. Regularly talk with your child about how our spiritual offerings relate to the gifts of bread and wine at Mass. Encourage them to write or draw reminders of prayers and acts of love throughout the week and place these in the bag. Include any small token that symbolizes a spiritual offering. Bring this bag to Mass as a tangible reminder of the connection between our prayers and our daily lives.
3. **Family Act of Service:** As a family, choose an act of service for someone in need. After completing this act, create a small token or note that represents your contribution and bring it to Mass the following week. Use this token as a physical reminder of the importance of living out our prayers and beliefs through our actions.

## September 8, 2024, Twenty-Third Sunday of the Christian Year

### Questions

1. **Openness to God:** How attentive are you to God's presence in your life? Do you actively listen to the readings and homily during Mass, engage thoughtfully with your prayers, and strive to continually learn and grow in your faith?
2. **Openness to Others:** How fully do you engage with others when they speak? Do you listen with genuine attention, notice their emotions, and seek to understand their perspective? Or do you find yourself feeling impatient, distracted by other activities, or preoccupied with what you want to say next?
3. **Openness to Life's Lessons:** How willing are you to embrace the lessons life offers? Do you regularly examine your conscience, seek honest feedback from others, and accept constructive criticism with an open heart?
- 4.

### Activities

1. **Listening to the Responsorial Psalm:** Encourage your child to pay close attention to the responsorial psalm during Mass. Explain that by listening carefully to the cantor's refrain, they learn how to participate fully in the sung response. Emphasize that just as repeating the refrain helps them join in the prayer more deeply, being attentive to God's teachings allows us to understand and follow His guidance more effectively. This practice helps us live out our faith with greater commitment.
2. **Listening Games:**
  - o **Sound Awareness:** Spend a minute or two sitting quietly and then count how many different sounds you can hear around you. This helps develop keen listening skills.

- **Word Chain:** Start a game where one person says a word, the next person repeats that word and adds a new, unrelated one, and so on. This game sharpens listening and memory.
  - **Pitch Practice:** Practice recognizing different pitches by singing “la, la, la” on three different notes. Each player repeats the sequence, adding one more “la” each round. This fun activity helps with auditory skills and can be a great car game.
- 3. Listening to Those in Need:**
- **Visit a Shut-In or Lonely Person:** Spend time with someone who is isolated, allowing them to share their thoughts and feelings. Your attentive listening will provide them with companionship and support.
  - **Engage with Nursing Home Residents:** Visit a nursing home lobby or common area and invite residents to talk while you listen. This helps provide social interaction and shows care for their well-being.
  - **Reconnect with Old Friends or Relatives:** Call a friend or family member who lives far away. Show genuine interest in their lives and listen actively to what they share.

## September 15, 2024, Twenty-Fourth Sunday of the Christian Year

### Questions

1. **Understanding Jesus:** Who is Jesus to you personally? After considering the traditional answers, reflect on this question again and explore what Jesus means to you beyond the conventional definitions.
2. **Spending for Everlasting Life:** We often invest money in things we desire and time in achieving our goals. Jesus teaches us to give of ourselves to attain eternal life. What does this teaching mean to you on a personal level? What are you willing to sacrifice or offer in your life to seek a deeper relationship with God?
3. **Living Out Faith:** Today’s readings encourage us to align our actions with our beliefs. Reflecting on the examples of Isaiah, James, and Christ:
  - How have you been called to serve God in your own life, similar to Isaiah’s call?
  - In what ways have your faith-filled thoughts and words translated into concrete actions, like James describes?
  - How are you demonstrating unwavering faith, even when it involves personal sacrifice, as Christ did?

### Activities

1. **Exploring the Symbol of the Cross:** Before or after Mass, take a walk through your church and count the number of crosses or crucifixes you find. Observe the different styles and placements. Discuss with your child what it means to “take up your cross” in the context of faith. Reflect on how each cross represents a unique aspect of

faithfulness and the personal sacrifices involved. This activity helps illustrate the diverse ways we carry our faith.

2. **Family Meditation on the Cross:** Dedicate time this week for family meditation focused on the cross. Share inspiring stories of individuals who have embraced their challenges with grace and without self-pity. Examples might include those who care for sick relatives with love, make sacrifices for disabled children, or offer forgiveness despite being hurt. Discuss how these actions are manifestations of living faithfully, drawing parallels to the example of Jesus Christ. This exercise aims to highlight the profound expressions of faith in everyday life.
3. **Creating a Stained Glass Cross:** Craft a “stained glass” cross to symbolize the beauty of faithfulness. Start by cutting out a cross shape from construction paper. Use scissors or a hole punch to create openings in the cross. Then, tape pieces of colored cellophane, tissue paper, or cuttings from colorful plastic snack bags to the back of the cross, allowing light to shine through. Hang the finished cross in a window to see how it reflects light, symbolizing the beauty of faithfulness. Explore additional craft ideas online to inspire further creativity.

## September 22, 2024, Twenty-Fifth Sunday of the Christian Year

### Questions

1. **Insights from the Book of Wisdom:** Today’s reading from the Book of Wisdom provides a glimpse into the mindset of someone driven by wickedness. What new understanding or insights do you gain about the nature of evil from this passage? How does it challenge or deepen your perspective on the consequences of such thoughts and behaviors?
2. **Understanding the Impact of Our Actions:** Today’s readings highlight how much suffering stems from wicked, selfish, or loveless actions of individuals. Reflect on how these readings help you recognize times when your own actions have caused pain to others. How do these insights guide you in seeking forgiveness and making amends?
3. **Service and Lasting Happiness:** Jesus teaches that true happiness comes through serving others. Consider how Jesus demonstrated service, even to those who crucified him. How do you think his relationship with his Father empowered him to serve unconditionally? Reflect on your own life—how are you serving others, and how might your relationship with God influence your approach to service?

### Activities

1. **Understanding the Penitential Rite:** Discuss with your child the purpose of the penitential rite at the beginning of the Mass, which is to seek God’s mercy and forgiveness. Explain that our selfish, mean, or uncaring actions can cause suffering for ourselves and others. Highlight how regular attendance at Mass helps us learn to make more loving and thoughtful choices. Emphasize that in our faith community,

we support and pray for each other, helping everyone grow more like Jesus. Encourage your child to reflect on how participating in Mass can guide their behavior and foster compassion.

2. **Creating a Book of Intentions:** Assemble a "Book of Intentions" using a small photo album or binder with plastic sheet protectors. Include photographs, holy cards, newspaper clippings, and other meaningful items. Add the names and intentions of those who need prayers, either by writing them on slips of paper or attaching notes to the pages. When you pray, refer to the book to lift up these intentions to God, mentioning them by name or collectively, trusting that God knows each person and their needs.
3. **Preparing a Sunshine Package:** Put together a "Sunshine Package" for someone who is suffering in the hospital or nursing home. If you don't know anyone personally, ask friends or family if they do. Line a basket, gift bag, or box with colorful tissue paper or a decorative cloth. Fill the package with age-appropriate, uplifting items such as:
  - A small deck of cards
  - A puzzle book with a pretty pencil
  - An inexpensive handheld game
  - A small puzzle cube or brain teaser
  - A tablet of paper for drawing or notes
  - A miniature book of prayers or inspirational quotes
  - A quick craft kit
  - Lip balm or soothing hand cream. The goal is to brighten the recipient's day and provide comfort and joy during a difficult time.

## September 29, 2024, Twenty-Sixth Sunday of the Christian Year

### Questions

1. **Living in Jesus' Name:** How can you incorporate Jesus' teachings into every aspect of your life? Reflect on how your daily activities and decisions can serve as expressions of your faith in Him. In what ways can you ensure that your actions and intentions align with Jesus' message?
2. **Witnessing the Holy Spirit:** In today's readings from Numbers and Mark's Gospel, we see the Holy Spirit working through individuals outside the typical circle of influence. Have you encountered instances where the Holy Spirit has manifested in unexpected people or situations? How did these experiences impact your understanding of God's work in the world?
3. **Contemporary Prophets:** Who are the modern-day prophets in your life? Consider those who speak God's truth to you, helping you see yourself and others through God's eyes. Who highlights the needs of marginalized groups and challenges you to pursue justice? How can you, in turn, help others gain new perspectives and recognize their own role in promoting justice?

## Activities

1. **Understanding the Kiss of the Book of the Gospels:** Invite your child to observe the priest or deacon kissing the Book of the Gospels after the reading. Explain that this gesture signifies love and reverence for the Word of God contained in the Scriptures. Emphasize that, just as the Holy Spirit helped Mary bring forth Jesus, the same Spirit inspired the authors of the Bible. The Scriptures, while written by human hands, are profoundly divine in their origin. Consider asking if your child can get a closer look at the beautifully adorned Book of the Gospels to further appreciate its significance.
2. **Exploring the Prophetic Books:** Show your child where the prophetic books are located in the Bible, starting with Isaiah and continuing through to the end of the Old Testament. Count the number of prophetic books together and discuss their importance. Explain that God chose these prophets to deliver His messages to the people. Highlight that Moses wished for everyone to hear and proclaim God's truth, and the prophetic books are treasured for this very reason.
3. **Practicing Small Acts of Kindness:** Remind your child that even small acts of kindness done in Jesus' name are significant. Create a list of simple, anonymous acts of goodwill you can perform throughout the week. Ideas might include picking up litter in a parking lot or on the street, placing a neighbor's newspaper closer to their door early in the morning, or performing another small, thoughtful gesture. Discuss how these actions, while small, reflect the love and teachings of Jesus.

## Super September Saints

In September, we honor several saints with their feast days and memorials:

- **September 3:** Saint Gregory the Great, Pope and Doctor of the Church
- **September 9:** Saint Peter Claver
- **September 11:** Saint Mychal Judge
- **September 13:** Saint John Chrysostom
- **September 16:** Saints Cornelius and Cyprian
- **September 17:** Saint Robert Bellarmine
- **September 19:** Saint Januarius, Patron of Naples
- **September 20:** Saints Andrew Kim Taegon, Paul Chong Hasang, and Companions
- **September 21:** Feast of Saint Matthew
- **September 23:** Saint Pio of Pietrelcina
- **September 26:** Saints Cosmas and Damian (mentioned in Eucharistic Prayer 1)
- **September 27:** Saint Vincent de Paul
- **September 28:** Saint Wenceslaus and Saints Lawrence and Companions
- **September 30:** Saint Jerome, Doctor of the Church

Which saint is your favorite? Share your thoughts on our Facebook page!

## September Recipes

### Crock Pot Butternut Squash Soup

#### Ingredients:

- 1 large butternut squash, peeled and cut into large cubes (about 8 cups)
- 1 large onion, chopped
- 1 carrot, peeled and chopped
- 3 cloves garlic, minced
- 4 sprigs thyme
- 1 sprig sage
- 3 c. low-sodium chicken (or vegetable) broth
- Kosher salt
- Freshly ground black pepper
- Pinch of cayenne
- Heavy cream, for serving
- Freshly chopped parsley, for garnish

#### Directions:

1. In a large slow cooker, combine butternut squash, onion, carrot, garlic, thyme, and sage. Pour in broth and season with salt, pepper, and a pinch of cayenne.
2. Cover and cook until squash is very tender, on low for 8 hours or on high for 4 hours. Remove herb sprigs and use an immersion blender to blend soup until smooth.
3. Stir in cream and garnish with parsley before serving.

### *Gingerbread with Lemon Sauce*

#### Ingredients:

#### *Gingerbread*

- 2-1/4 cups all-purpose flour
- 1½ tsp. ground ginger
- 1½ tsp. ground cinnamon
- ½ tsp. ground cloves
- ½ tsp. ground nutmeg
- ½ tsp. iodized salt
- 2 T. baking powder
- 2 large eggs

- ¾ cup brown sugar
- ¾ cup molasses
- ½ tsp. baking soda
- 1 cup boiling water

### *Lemon Sauce*

- ½ cup butter
- 1 cup sugar
- ¼ cup water
- 1 egg, beaten
- 3 T. fresh lemon juice

Directions:

### *Gingerbread*

1. Preheat oven to 350 degrees.
2. Sift together the first seven ingredients in a bowl. Set aside.
3. In a separate bowl, beat eggs, sugar, and oil.
4. Slowly stir in flour mixture.
5. Lastly, dissolve baking soda in one cup boiling water. Stir into the cake batter.
6. Pour the batter into a greased 9 x 13 pan.
7. Bake for 30–35 minutes, or until the center is set and a toothpick inserted into the center comes out dry. Allow the cake to cool for 15 minutes.

### *Lemon Sauce*

1. While the cake is cooling, make the lemon sauce. In a small saucepan, combine sugar, water, egg, and lemon juice.
2. Cook over low heat, stirring constantly, until the mixture thickens.
3. Add the butter, continuing to stir, until it melts completely into the lemon sauce. Serve immediately over warm slices of gingerbread.

## **Crostini with Gorgonzola and Honey**

Ingredients:

- ½ loaf French bread, sliced 1" thick (12-15 slices)
- ½ cup olive oil,
- 4 oz. Gorgonzola cheese, crumbled
- ½ cup honey

Directions:

1. Preheat oven to 350 degrees.



2. Spread bread slices on a rimmed baking sheet. Brush with oil.
3. Bake for seven to eight minutes.
4. Pull out of oven and top with crumbled Gorgonzola.
5. Return to oven and bake for another five to seven minutes.
6. When the cheese is melted, remove bread and arrange on a large serving platter.
7. Drizzle honey over each slice. Serve warm.



# **PINWHEELS FOR PEACE**

**SATURDAY, SEPTEMBER 21, 2024**

**THE INTERNATIONAL DAY OF PEACE**

**JOIN US FROM 11:30 AM TO 12:30 PM**

AS WE MAKE PINWHEELS FOR PEACE

AT NOON WE WILL PRAY

THE PRAYER OF SAINT FRANCIS

**ABIDING PRESENCE FAITH COMMUNITY**

**4605 CURRY FORD ROAD, ORLANDO**