

Abiding Press

Abiding Presence Faith Community

**A PARISH OF THE REFORMED CATHOLIC CHURCH
AN INCLUSIVE CATHOLIC COMMUNITY
MAKING GOD'S LOVE KNOWN IN CENTRAL FLORIDA**

JULY 2024 VOLUME 3 #8

5330 Poinsetta Ave, Winter Park, FL 32792

321-594-4922

Office info@apfcwp.com

***Sunday Mass is Celebrated at 12:30 pm
The Sanctuary Building of the First United Church of Christ
4605 Curry Ford Rd., Orlando, Florida 32812***

Social Media

Web Site www.apfcwp.com

Facebook <https://www.facebook.com/groups/1386619738179316/?ref=bookmarks>

YouTube - <https://www.youtube.com/channel/UCP9i133esG31IRPfgk-Jn4w>

Clergy Serving the People of God

Pastor: Most Rev. William R. Cavins pastor@apfcwp.onmicrosoft.com

Palm Coast FL Ministry: Rev. Mr. Christopher M. Larsen

Volunteer Staff Serving the Parish

Gene L. Thompson II - Technology TechSupport@apfcwp.onmicrosoft.com

Dennis Last - JMB Crock Pot Ministry

Klaus Stodtmann - Bread Baking kstodtmann@apfcwp.onmicrosoft.com

Mass Intentions & Prayer Requests

Please email the bishop if you want someone remembered at Mass or added to the Prayer Lists. It is at your discretion how much you donate to the support of our community. We also have Mass Cards for you to send to the recipients.

Upcoming Dates

- July 4 Divine Worship – Independence of the USA – 12:30 pm Bishop’s Residence
 Intention: People of the United States
- July 7 Divine Worship – 14th Sunday of the Christian Year 12:30 PM
 Communal Celebration Anointing of the Sick within Mass
 Intention: Erica Cavins – Birthday
- July 14 Divine Worship – 15th Sunday of the Christian Year 12:30 PM
 Intention: Available
- July 16 Divine Worship – Feast of Our Lady of Mt. Carmel 6:30 PM
 Intention: All Carmelites
- July 21 Divine Worship – 16th Sunday of the Christian Year 12:30 PM
 Intention: Suzannah Seibert - Birthday
- July 25 Divine Worship – Feast of St. James – 12:30 pm Bishop’s Residence
 Intention: RIP Verna Witkowski
- July 28 Divine Worship – 17th Sunday in Ordinary Time 12:30 PM
 Intention: Available
- *SCAP = Sunday Celebration in the Absence of a Priest



Financial Update as of 6/29/2024

Total Income Year to Date: \$8839.84. Total Expenditures Year to Date: **\$9621.11**.
Difference **-781.27**. Ledger Balance On Hand: \$1564.69 Available Balance on hand:
\$1646.68.

Online Giving

Donations can now be made online through our website. To make sure we get your full donation please utilize the **Zelle** method. If you choose one of the others, please send it as if to an individual. Our email address for all giving platforms is bkpg@apfcwp.com. Thank you for your generosity.

Banns of Marriage

The banns of marriage are announced for the final time for Glynda White Cavalcanti and Fernando Vicente Rangel. The marriage will be solemnized July 11, 2024.

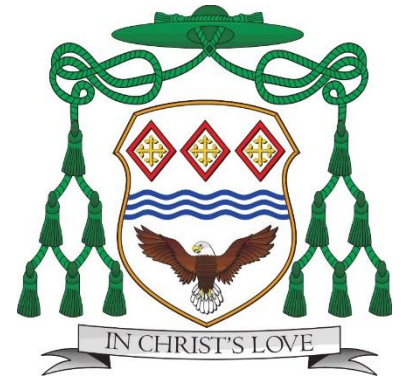
From the Bishop's Desk

Happy Fourth of July! This year marks the 248th year of our independence. I thought I'd devote my message to you this month to talk about why people immigrated to these shores and eventually established the United States of America.

Our first visitors, both the Vikings and the Spanish, came seeking wealth and new territory. The English and French soon followed along, some for wealth others for religious freedom. They encountered the First People and relationships were built and destroyed. Many times in the name of Christian religious traditions. So immigrants, who were initially welcomed, turned on the native populations. Some were enslaved, others died from European diseases and still others were cheated out of and forced from their lands.

These immigrants were from different religious sects. Very soon these Christians also went after each other. The Roman Church, the French Huguenots, the Church of England, Methodists, Presbyterians, and the list goes on. Who was the better Church. Whose side was God on?

Yet a larger threat eventually presented itself with taxation without representation. The landowners were being squeezed for more money which they passed on to the tradesmen and workers in the American colonies. In response the colonies began organizing amongst themselves and eventually met in Philadelphia to declare their independence from the British Crown.



Some would argue today that the United States is a Christian Nation. They point to the Declaration of Independence as proof. Yet nowhere in that document do you find a reference to Christ. Rather God is always in the abstract.

Sadly today, those who have not studied history are repeating the worst parts of it. They are recreating the religious divisions which plagued the colonies before the War of Independence. They read meaning into something which is not there. Our founding Fathers believed in disestablishment – a clear separation of Church and State.

So as you cookout, swim, party, and set off fireworks to mark our National Day, remember that you are celebrating that all persons are equal, endowed by their Creator with the right to pursue life, liberty, and happiness.

In Christ's Love

+*William*

Pastor

JMB Crockpot Ministry

Our current supply of crockpots is running low. To donate a crockpot or volunteer to conduct a class contact Dennis Last at 321-388-1572.

Our next Crock Pot Classes are scheduled for July 16, 2024, and August 20, 2024, at 11 AM at the Dedicated Senior Medical Center - 4270 Aloma Ave, Winter Park. Email Info@apfcwp.com to register.

Volunteer Opportunities

Are you looking to do more within the parish community in 2024? Here are a few opportunities broken down by day of the week. On Sundays, we need readers, technical support, musicians, singers, altar servers, and Eucharistic Ministers. On Mondays or Tuesdays, we usually schedule our Crock Pot Classes. Contact Dennis Last to become a presenter. On Tuesdays, we would like to have volunteers help out at Rebecca's Pantry in the morning. Then on Wednesdays, there is the Thrift Shop. So much to choose from. We could also use a few Special Ministers to the Sick which would be a new ministry. What is God calling you to do?

Up, Down, Turn Around

Have you ever had the experience of being ridiculed for the manner in which Catholics worship? There are quite a few slurs out there including *mackerel snapper* for the practice of eating not eating meat on Fridays, *cookie eaters* denigrating the Blessed Sacrament, and *Up, Down, Turn Around* referencing our frequent movement within the celebration of Mass. This month we'll explore liturgical postures.

Growing up Roman Catholic we were aware of **when** to stand, sit, or kneel. After the Second Vatican Council we also learned how to turn around and shake hands with those around us. No one every explained the **why**. The church was still very much in the pray, obey, and pay mentality.

As we enter the nave of the church we walk to our pew. If the Blessed Sacrament is present, we genuflect or bow. These are signs of respect. They mirror the homage given to a sovereign as Christ is our Savior and King. If the Blessed Sacrament is not present, we bow our head toward the altar and the cross. We can then be seated and pray quietly centering our thoughts on Divine Worship as we await the beginning of Mass.

As Mass begins, we stand as our celebrant and any attending ministers enter. This is a sign of respect for our celebrant who has been set aside by the Sacrament of Holy Orders to lead us in worship. We remain standing throughout the opening rites as a sign that we are ready to serve our God.

When the Deacon or Celebrant bids us to be attentive to the readings we sit and focus our attention on the Ambo from which the word of God is being proclaimed. As the readers come forward, they bow to the altar as they enter the sanctuary. At the conclusion of their service they once more bow toward the altar, before returning to their place in the nave.

We stand once more as the Alleluia begins and remain standing throughout the Gospel Acclamation as a sign of respect for the Good News of Jesus Christ being proclaimed. After the Gospel is preached, we resume our seats to listen attentively to the homilist.

Once the homily is concluded the celebrant will invite us to stand for the recitation of the Creed. There are three creeds recognized by the church. Depending on the liturgical season we, at Abiding Presence, recite either the Apostles Creed or the Nicene Creed. The Athanasian Creed is recognized but rarely used. Our standing position is once more the position of a servant ready for service. We remain in this position after the Creed for the Prayers of the Faithful which is also known as the Universal Prayers of the Church. When they are concluded we resume our seats for the Offertory.

During the Offertory the bread and wine for the Eucharist are brought from the back of the nave by a member of the community. Hopefully, one would say yes to this honor if asked. The celebrant or deacon then prepares the altar for the Eucharistic celebration. As the celebrant finishes, they ask the congregation to pray that the gifts be acceptable to God. Once more the congregation stands in preparation to serve at the altar. We remain standing throughout the Preface, Sanctus, and Eucharistic Prayer as a servant people awaiting their role at table. After the Great Amen, which is when we give our assent for what the celebrant has just done for us, we remain standing for the Our Father and the Sign of Peace. At Abiding Presence we move throughout the nave wishing each other peace. In some places people merely shake hands with those around them After which we return to our seats to prepare for the reception of the Body and Blood of Christ as we prayerfully sing the Lamb of God.

After the invitation to come to the table we walk to the sanctuary stairs where we find hand sanitizer for our use before approaching the altar. At the altar and reverently partake of the Body and Blood of Christ. One has the option of receiving both forms, or of the bread alone. If you are receiving from the cup, you may dip the Body of Christ into the Blood of Christ, which is known as intinction, or you may drink directly from the cup. Once you have sipped from the cup you should use the purificator provided to wipe the lip of the cup and then turn it slightly to the left. At this point one returns to their seat to pray or sing.

Usually the celebrant or deacon cleans and removes the vessels from the altar during the Song of Thanksgiving. We remain seated throughout this hymn. Once the altar has been cleared, the celebrant stands and the congregation follows suits for the prayer after Communion. We then resume our seats for announcements. After the announcements are finished, we stand once more as servants preparing to receive our directions. The celebrant then begins the rite of Blessing and Sending forth. After the blessing and Dismissal we stand in respect for the celebrant who has stood in persona Christi for us as they return to the people.

Prayer for Vocations

Creating God, we thank you for calling men and women to serve in Christ's Kingdom as priests, deacons, and consecrated persons. Send your Holy Spirit to help others to respond generously and courageously to your call. May our community of faith support vocations of sacrificial love in our youth and young adults. Through our Savior Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

School Supply Drive

We are gathering school supplies once again for Dover Shores Elementary on Gaston Foster. See the flyer at the bottom of the calendar for suggested items.

Family Faith Activities

Courtesy of LTP's At Home with the Word 2024.

July 7, 2024 - Fourteenth Sunday of the Christian Year

Questions

- ◆ Wisdom is God's universal truth, the order that exists in all of creation. Where do you see rebellion against God's wisdom in our culture? What consequences of this do you see?
- ◆ Prophets of old admonished the people to recognize and heed the presence of God's wisdom or suffer the inevitable effects of choices contrary to truth and order. Where do you see modern prophets calling us back to God's wisdom?
- ◆ What tends to draw your eyes away from God? What are the greatest challenges to your faith? How conscious are you, in your everyday life, of the presence of God in your midst?

Activities

- ◆ God is present in our sacred liturgy, in his Word, the Eucharist, the priest, and the assembly. Explain to your child that the Holy Spirit gave special help to those who wrote the Scriptures, that the Eucharist becomes Jesus, that the priest acts in the place of Jesus when he says the words of institution, and that Jesus is present in the people because he promised to be with us when we gather in his name. After Mass, take your child to look more closely at the ambo, the special place from which the readings are proclaimed. Even if you can't enter the sanctuary, take your child as close to the altar as possible, and explain that the miracle of Jesus' presence in the Eucharist occurs there at every Mass.
 - ◆ Like the people of Jesus' hometown, many people look for God to do what is outside the laws of nature to prove himself, failing to see that the laws of nature themselves are God's order in what would otherwise be chaos. Look together at what surrounds you today with new eyes, recognizing all of it for the miracle it is. Allow wonder and awe to fill you, and savor and celebrate it.
 - ◆ Young children can help an adult or older sibling make an "eye of God" craft from craft sticks and yarn. Look on the internet for directions. Hang these as reminders that God is always watching out for us, and we do well to keep our eyes fixed on God's wisdom.

July 14, 2024 - Fifteenth Sunday of the Christian Year

Questions

- ◆ The people in today's readings were called by God from what they had been doing and were sent to bring his Word to the world. What has God called you to do?
- ◆ Jesus didn't send the Twelve out singly, but two-by-two. Why do you think this was important? How do you think families and communities help each other on their faith journeys?
- ◆ Jesus sent his apostles out with nothing but a walking stick, one another, and deep, abiding faith in him. What do you really need as you go out into the world? What does your child really need?

Activities

- ◆ You may already have discussed the words of dismissal that we hear in the concluding rites of the Mass with your child. Ask if your child remembers the words and invite him or her to listen to them again today. Discuss what you're being sent to do each week, how well you're doing it, what you could do better. When you gather for meals this week, invite each family member to share one thing he or she did that day to glorify the Lord.
- ◆ How is Jesus like a walking stick? Give each family member a miniature walking stick to keep in their pocket this week or hang one on your doorknob. Little walking sticks may be fashioned from bent chenille stems (pipe cleaners), plastic canvas, small sticks from your yard (with yarn attached if you wish to hang one up), small candy canes, and so on. Let these be reminders to look for ways that Jesus is your walking stick, always with you as you follow your calling. Do you lean on him sometimes? Does he push aside obstacles for you, help you stay on the path, and defend you from harm and wrong?
- ◆ How are you sent to love and serve each other this week? Write the name of each family member on a small piece of paper. Take turns drawing them from a hat. Invite each person to write on the paper something that he or she wants to do for the person named. Then exchange them.

July 21, 2024 - Sixteenth Sunday in Ordinary Time

Questions

- ◆ Have you ever felt lost or confused, like a sheep without a shepherd? How comfortable are you asking for directions? To whom do you turn when you need advice, and why?
- ◆ Jeremiah mentions shepherds who mislead and scatter the flock. Have a family conversation about where some leaders today lead others astray. Consider together how you can discern what is true and good in a leader.
- ◆ Jesus invited his apostles to come away and rest a while. What do you do for rest and recreation? What do you do for spiritual renewal?

Activities

- ◆ Invite your child to listen to the readings today for the words sheep and shepherd. Explain that Scripture often refers to God’s people as sheep. This metaphor or nickname reminds us that, like sheep, we aren’t self-sufficient. We need care, protection, and guidance. It’s a wise sheep who looks to God as his or her shepherd.
- ◆ Play the game, The Shepherd Says. As in Simon Says, the shepherd can tell the sheep to touch their toes, pat their heads, bleat softly, and so on. The sheep must follow only the directions preceded by the words “The Shepherd Says.” Sheep who follow directions that aren’t preceded by these words are “out,” and their job is to try to catch other straying sheep. The last sheep in the fold becomes the new shepherd. Explain to your child that in life, we must discern which directions come from God, our Good Shepherd, and follow those.
- ◆ Parents are busy shepherds who sometimes need a break. Follow Jesus’ direction to “come away by yourselves to a deserted place and rest a while” (Mark 6:31). Hire a babysitter, and go out for a meal, visit a museum, go to a concert, play golf, sit in the park and read, or do anything that refreshes you. Perhaps you’d enjoy a Marriage Encounter weekend or a couples’ retreat to nurture your relationship in Christ. You’ll have more to give your children if you take care of yourselves—body and soul.

July 28, 2024 - Seventeenth Sunday in Ordinary Time

Questions

- ◆ The boy in today’s Gospel gave what he had to Jesus, and his gift, in the Lord’s hands, became something great. How do your gifts become great when you give them over to God’s use?
- ◆ How have you worked with the Lord this week to meet the needs of your family?
- ◆ Do you have all you really need? Do you have more than you need? Are you sharing as much time, talent, and treasure as you can afford with others? If not, why do you think that is? Are you sharing more than you can afford, given your family responsibilities? If so, why do you think that i

Activities

- ◆ Invite your child to listen to today’s readings for stories of God feeding his people, and to pay special attention to the Lord’s Prayer, in which we ask for our daily bread. Talk about how God provides for your family, how you share with those in need, and how God feeds us spiritually through his word and the Eucharist.
- ◆ Make bread or rolls from scratch. Many children today have never kneaded dough or seen it rise. Give your child the hands-on experience of working the dough, patiently waiting for it to rise, smelling it bake, and tasting it, warm from the oven. Praise God with your child for these simple, nourishing pleasures.

◆ Research how much “fast food” is thrown away, still in the wrapper, because no one purchased it in the few minutes restaurant policy allows it to sit under a warmer. Find out how much slightly blemished produce and how many items of dented canned goods go into your grocery store dumpster. Many establishments fear lawsuits over donated food because they can’t control how long it sits out once it leaves the store. Many people don’t know about the Bill Emerson Good Samaritan Act, which became Federal Law in 1996, and protects good-will food donors. Start an education campaign in your area so that, in Jesus’ words: “Nothing will be wasted” (John 6:12).

Joyous July Saints

We begin July celebrating Saint Junipero Serra on the first of the month. He is followed by the feast of Saint Thomas which occurs on July 3. Elizabeth of Portugal is remembered on July 4 followed by Saint Anthony Zaccaria on the fifth and Saint Maria Goretti on the sixth. The feasts of Saint Augustine Zhao Rong and Companions is marked on July 9. July 11 is the Saint Benedict. July 13 sees us remember Saint Henry. Then on June 15 we mark the feast of a doctor of the church, Saint Bonaventure. Our Lady of Mount Carmel, patroness of the Carmelite Order and of our parish occurs on July 16. Her feast is followed with that of Camillus de Lellis on the eighteenth. Saturday, July 20, marks Saint Apollinarus. On July 22 we celebrate Saint Mary Magdalene. Saint Bridget is remembered on July 23. Saint Sharbel Makhluף is recalled on July 24. The Feast of Saint James follows on July 25. Saints Joachim and Anne, the parents of Mary, are celebrated on July 26. July 29 Saint Martha is recalled. She is followed on the thirtieth by Saint Peter Chrysologus and on the thirty-first by Saint Ignatius of Loyola. Which saint is your favorite? Post it on our Facebook page.

July Recipes

Mexican Chocolate Bread Pudding

Ingredients:

- 2 squares baking chocolate (you can find Mexican chocolate at any well-stocked grocery store, or at a local Latin food market)
- 2 1/4 cups milk
- 2 eggs
- 1/2 cup sugar
- 1/4 tsp salt
- 1 tsp vanilla (Mexican vanilla is best for this recipe)
- 2 cups cubed stale bread (can also use 3 cups stale flour tortillas)

Directions:

1. Heat the milk and chocolate in a double boiler. When chocolate is melted, stir until well blended.
2. Beat the eggs until foamy, then add the sugar and salt and mix well.
3. Temper the chocolate mixture with the egg mixture by adding a little of the chocolate to the eggs a ladle full at a time (this will prevent the eggs from scrambling); stir vigorously.
4. Once half the chocolate is added to the eggs through this method, you can add the rest in one go.
5. Add the vanilla and mix.
6. Place the bread (or tortillas) in a greased baking dish, then pour the chocolate mixture over.
7. Let sit for 5 minutes (or until the bread has soaked up the liquid).
8. Place the dish in a pan of hot water and bake at 350 for about 45 minutes, or until the pudding is crisp on top and the custard is cooked.

Serve with fresh whipped cream with a little dash of Mexican chili powder or ground cinnamon.

Red, White & Blue Berry Brownie Torte

Ingredients:

- Fudge Brownie Mix + ingredients for brownies
- 1 - 8 oz. package of cream cheese
- 1/3 cup sugar
- 1/2 tsp. vanilla
- Blueberries
- Strawberries

Directions:

1. Mix up a box of Betty Crocker Fudge Brownies, or your favorite brownie recipe, and bake as directed in two Torte Pans.
2. After the brownies have cooled, combined cream cheese, sugar, and vanilla to divide and spread over the top of both tortes.
3. Top with blueberries and chopped strawberries.

Granita di Caffè

Ingredients:

- 3/4 cup sugar
- 2 cups warm water
- 1/2 cup lemon juice
- 2 cups strong coffee

Directions:

1. Stir the sugar into the warm water until it is melted and add the lemon juice.
2. Stir for about five minutes.
3. Add the coffee, strain, place in a freezing tray, and then freeze (stirring frequently), until it becomes a mush.
4. Serve the ice slush in glasses, with any of the following toppings:
 - Whipped cream (add vanilla, sugar, almond extract, etc.)
 - Liqueurs (Amaretto, Kahlua, Baileys, etc.)
 - Chocolate curls
 - Small pieces candied citrus peel